

D1013 Level 3 Diploma in Holistic Therapies

Pre-requisite

- Candidates will need to have VTCT units VR02 (Support health, safety and security in the workplace) and VR74 (Support employment standards) *either as units or D1120 Level 3 Diploma in Health Safety Security and Employment Standards. This can be completed simultaneously with the skills qualification.*

Aim

- to enable candidates to achieve competence in a number of holistic therapies so that clients can be offered a choice and combination of therapies.

Objectives

- explaining and using holistic therapies
- assessment, consultation and client care
- anatomy and physiology of the human body
- preparation of and provision of:
 - Swedish body massage including whole body and back routines
 - aromatherapy using a number of carrier and essential oils
 - reflexology of feet and hands

A number of treatments/case studies will be required to demonstrate competence in each therapy.

Screening is necessary for treatments where the client may require privacy.