

D1020 Level 3 Diploma in Body Massage

Pre-requisite

- Candidates will need to have VTCT units VR02 (Support health, safety and security in the workplace) and VR74 (Support employment standards) *either as units or D1120 Level 3 Diploma in Health Safety Security and Employment Standards. This can be completed simultaneously with the skills qualification.*

Aim

- to enable candidates to provide massages using various techniques to assist in posture improvement, muscle discomfort, stress and other conditions.

Objectives

- to use interpersonal skills with clients
- to offer effective assessment, consultation and client care
- to understand anatomy and physiology of the human body
- to be able to adapt massage routines and movements to suit the client
- the use of more massage movements and techniques

This diploma can be taken on its own or as additional training to the Level 3 Certificate in Swedish Massage.

Screening is necessary for treatments where the client may require privacy.