

D1021 Level 3 Diploma in Remedial Massage

Pre-requisite

- Candidates will need to have VTCT units VR02 (Support health, safety and security in the workplace) and VR74 (Support employment standards) *either as units or D1120 Level 3 Diploma in Health Safety Security and Employment Standards. This can be completed simultaneously with the skills qualification.*

Aim

- to provide the candidate with massage and other techniques to assist clients in achieving physical improvement for a variety of conditions.

Objectives

- to use interpersonal skills with clients
- to offer effective assessment, consultation and client care
- to understand anatomy and physiology of the human body
- to be able to adapt massage routines and movements to suit the client
- the use of more massage movements and techniques
- understanding of simple exercises and mechanical and electrical devices that can improve muscle and joint function

The candidate will need to work on a number of clients exhibiting a variety of conditions over a period of time (case studies) in order to show competence. Treatments should be within the limits of medical advice at all times.

Screening is necessary for treatments where the client may require privacy.