

D1022 Level 3 Diploma in Workplace Massage

Pre-requisite

- Candidates will need to have VTCT units VR02 (Support health, safety and security in the workplace) and VR74 (Support employment standards) *either as units or D1120 Level 3 Diploma in Health Safety Security and Employment Standards. This can be completed simultaneously with the skills qualification.*

Aim

- to provide the candidate with effective massage techniques for use with those at work, or in situations where massaging a clothed client or only specific areas (head, neck and shoulders) is appropriate.

Objectives

- to use interpersonal skills with clients
- to offer effective assessment, consultation and client care
- to understand anatomy and physiology of the human body
- to be able to adapt massage routines and movements to suit the client
- to be able to perform a full massage routine as well as adapting to working on clothed clients and upper body areas specifically
- be able to advise clients on posture and working positions

The candidate will need to work on a number of clients exhibiting a variety of conditions over a period of time (case studies) in order to show competence. Treatments should be within the limits of medical advice at all times.

Screening is necessary for treatments where the client may require privacy.