

## **D1040 Level 2 Certificate in Holistic Therapies**

### **Pre-requisite**

- Candidates will need to have VTCT units VR02 (Support health, safety and security in the workplace) and VR74 (Support employment standards) *either as units or D1120 Level 3 Diploma in Health Safety Security and Employment Standards. This can be completed simultaneously with the skills qualification.*

### **Aim**

- to provide candidates with a progression route to the Level 3 Diploma in Holistic Therapies.

### **Objectives**

- understanding of the use of holistic therapies
- explaining holistic therapies to clients
- assessment, consultation and client care
- anatomy and physiology of the human body
- preparation for and provision of:
  - Swedish body massage
  - holistic facial treatments
  - massage with blended aromatherapy oils
  - zone therapy

A number of treatments/case studies will be needed for competence in each therapy.

Screening is necessary for treatments where the client may require privacy.