

## **D1082 Level 3 Diploma in Sports Massage Therapy**

### **Pre-requisite**

- There is a pre-requisite for this qualification.

### **Aim of the Qualification**

- To train candidates to a professionally competent level enabling them to provide safe and effective sports massage according to the specific needs of the client.

### **Objectives**

- To provide candidates with the skills to obtain sufficient information from their clients and identify possible dangers and contraindications to massage.
- To provide candidates with the knowledge and skills to be able to prepare for and applying a range of massage techniques.
- To provide candidates with the knowledge and skills to be able to deliver massage in a range of contexts e.g. injury treatment, conditioning, pre-competition, during competition, post-competition, post-travel.